

# Lake Conference Relays - Friday, April 10, 2026

Hopkins HS - 55 degrees, mostly sunny, lt. wind (Perfect!)

## 4x800m Relay -

### Splits

**2:00.8** Graham Hedtke  
2:02.8 Elliot Williams  
2:08.2 Tanner Stoltenberg  
2:02.0 Thomas Barrett

## 4 x 3200m (Individual)

**9:35.69** Will Chabot  
9:44.47 Matthew Jenneke  
**9:56.41** Aidric Pfeifer  
10:17.57 Samarth Raj

70,71,71,72,73,75,74,69.7  
70,71,71,72,74,75,76,75.5  
72,73,76,77,76,78,79,69.4  
72,72,77,77,77,81,81,80.6

## 4 x 1600m (Individual)

### Splits

**4:19.33** Thomas Berndt 65, 67, 66, 61.8  
4:28.11 Connor Viera 65, 68, 67, 68.1  
4:33.16 Abdirisq Robleh 66, 69, 69, 69.2  
**4:42.14** Charlie Williams 68, 73, 74, 67.1

## 4x400m Relay

54.2 Will Hable  
50.0 Evan Furcht  
52.3 Graham Hedkte  
49.9 Thomas Berndt

## 800m (Individual)

### Splits

1:58.24 Evan Furcht 58.7, 59.5  
**1:59.38** Nolan Wandler 58.9, 60.5  
2:05.42 Thomas Barrett 63.0, 62.4  
2:08.58 Elliot Williams 62.3, 66.3

## Mixed 4x400m Relay

54.2 Tanner Stoltenberg